

MATERIALS LIST—KAREN BOWERS
2011 WATERCOLOR WORKSHOPS

I recommend good materials and hope you will afford yourself the best you can get. It is more economical to purchase items through art catalogues. Obtain catalogues so that you can see what you are getting! That said, Racines is a good source, if you want to shop locally. They offer a 10% discount for students.

Catalogue Sources: Unless otherwise specified most of the items on the list can be ordered through Cheap Joes: www.cheapjoes.com or (800) 2272788.

Watercolor paper:

I use Arches cold press, 140 lb. weight, at a minimum. You can use 300 lb. Cold press, but 140 lb is preferable for the workshop techniques. A standard full sheet of watercolor paper is 22x30 inches. You can use a full sheet to paint on or make smaller sizes as you wish. Have on hand at least 2 full sheets per day.

Paper Supports:

Any support that will not absorb water, such as Plexiglas or plywood boards cut to the size of your paper. My boards are cut a little less than the size of the paper I am working on to more easily allow excess water a way off the paper. You may want to have several support boards, one for each size you intend to work in.

Brushes:

My brush sizes range on the average of 1" to 3." For the most part, I use flat brushes, thick wash brushes and thin layering (or glazing brushes). All brushes should have the ability to make a clean edge. On a limited budget, a 2" wash brush and a 1" flat aquarelle would be ok.

- Wash brushes 2- 3 " wide)

Robert Simmons Skyflow (white sable -RS278 or sienna - RSN278)
or Cheap Joes Golden Fleece Bold Wash.

- Layering brushes: (1 - 2" wide)

Winsor Newton Series #995 (1")

Richeson Series #9010 (1 1/2 or 2") or Da Vinci Cosmotop Spin Flat, Series #5080 (30mm – 80mm)) available through Dick Blick art supplies (www.DickBlick.com). Note: A cheaper student version of the Da Vinci brush is available at Racines.

Pigment:

Please use colors you like! I use transparent (T) and opaque (O) pigment, warm and cool colors, excellent to very good lightfast rated paint.

Brands: I use a variety of brands (Holbein, Mameiri, Graham, Daniel Smith (DS) (www.DanielSmith.com)). Graham paints, which are honey based, are great for opaque paint since they never dry. Da Vinci is a cheap paint that I have found ok but only for transparent pigment. Information about the lightfast quality of the pigment is provided in the materials catalogues and usually on the paint tube itself.

Colors:

Here are some colors I use:

- **Red.** Winsor Red (warm T) and Cadmium Red (warm O). cool T's (Permanent Alizarin Crimson, Permanent Rose, Quinacridone Magenta)
- **Orange.** Cadmium Orange (O) and Quin Burnt Orange (T)
- **Yellow.** Aureolin (cool T) or Winsor Yellow (cool T) , Quin Gold (warm T), Cad Yellow (cool O), Naples Yellow (cool O), Yellow Ochre (warm O)
- **Blue.** French Ultramarine (warm T), Phthalo Blue (Red Shade T), Prussian Blue (warm T), Cobalt Blue (warm O), Cerulean Blue (warm O), Cobalt Turquoise (cool O)
- **Green.** I usually mix greens with cool and warm T blues and yellow. Greens I have used out of the tube, include Permanent Sap Green, Hooker's Green, Cascade Green (DS)
- **Violet.** Dioxyn Purple (cool T) Cobalt Violet (warm O)
- **Earth tones.** Burnt Sienna and Burnt Umber
- **White.** Chinese White (Graham) or White Gouache (Note: Do not put in your palette. Leave it in the tube)
- **Black.** I have a variety of black pigments, warm and cool Ts, which I keep in a separate palette. Lunar Black (DS) is my latest favorite.

Palette:

I have had one John Pike palette for many years. It's very strong. If you are newly setting up, put your paints in the palette ahead of time, at least three days, so that the paint is not so fresh and will form a skin. As for placement of colors, I put all my reds (transparent and opaque in one area, blues in another, yellows and so on. In addition, I have several palette extenders (Cheap Joes) where I keep additional colors.

Other Items:

- Clips to secure paper to support boards
- Soft pencil, kneaded eraser and sketch pad (3x5)
- Masking Tape (Klean Edge is recommended)
- Water containers (3)
- Plastic Spray Water container
- Scissors
- Paper towels

Optional:

- Watercolor pencils and crayons
- Waterproof ink pens
- Rubbing Alcohol
- Coarse Sea Salt
- Sea sponge
- Watercolor crayons and watercolor pencils
- Eye droppers